

Class Description

Parent Toddler: (6 months to 2yrs.)

This class is taught with the parent in the water and focuses on acclimation of the child in the water. It also teaches safety skills. (Taught only at underlined time below.)

Pre-School Stations 1-10: (3yrs. - 5yrs.)

Pre-school age children will begin to learn how to propel themselves independently in the water, learn safety skills, and will follow a pre-school Swim America program specifically designed for this age group. Ratio: 5 students/ instructor.

Swim America Station 1-10: (6yrs. and up)

This is a unique program to teach swimming effectively and efficiently. The system focuses on goal achievement, perfecting stroke technique and quality. All new students begin at station 1 and progress at their own rate. Every station builds upon the skills learned at the previous stations. Students will improve their skills and advance to a higher skill level. You will be ready to join our swim club before completion. Ratio: 5 students/ instructor.

Class Times

Spring/Fall/Winter sessions are 30 minute classes; two days per week-M/W or T/Th for four weeks (8-30minute lessons). Saturday lessons are 60 minutes for four weeks (4-60 minute lessons).**Saturdays are not available in the summer sessions.**

Summer sessions are also 30 minutes classes, Mon-Th for 2 weeks (8-30 minute lessons).

Spring,Fall,Winter:Mon/Wed or Tues/Th 4:30, 5:00, 5:30, 6:00, 6:30, 7:00pm
Saturdays 10:00am (Recommended for children 6 yrs and older).

Summer: Mon-Th 9:30, 10:00, 10:30, 11:00, 11:30am 4:30, 5:00, 5:30, 6:00, 6:30, 7:00pm No Saturday classes during summer sessions

Cost

Cost is \$36 for members and \$41 for non-members. Student in the class or their parent must be a current member of Apple Athletic Club to receive the member rate.
> A \$2 late fee will applied if registration forms are turned in after session registration deadline.
> Family discount, if 3 or more students register for the same session from the same family, you receive \$2 off per student.

Private Lessons

Private lessons are an excellent way to learn to swim and/or improve swimming skills on a one to one basis. Private lessons are available from our most experienced instructors. **Pick up a private lesson price list and request form at the member service desk.**

Return this section of registration 5 days prior to your session start date. Registration will not be accepted without payment. Classes are filled on a first-come first-serve basis.

Student Name _____ Member _____ Non _____

Parents Name _____ Member _____ Non _____

Students age _____ Have you ever taken lessons here? _____

E-mail address _____

Phone _____ Work or Cell _____

Session Date _____

Days: M/W T/Th Sat (Sept-April) M-Th (summer only) (Circle one)

Time: 1st Choice _____ 2nd Choice _____

****Your first choice is your lesson time unless otherwise contacted****

Amount paid _____ Charge my account _____

Read and sign these guidelines below:

1. Students meet on deck **promptly** at lesson time.
2. **Non-members will receive a session card, at check-in, and must use it to enter the club.**
3. **Non-members cannot swim long extended time before or after lessons.**
4. Students not allowed in hot tub at any time.
5. No refunds given, rescheduling available.
6. **Make-up day for each session is the last Friday or Saturday of the session. Times will be posted the last week of the session.**
7. **Non-members are not allowed to use the club during lessons (i.e. For working out).**
8. Please follow all posted pool rules.
9. Concerns or questions should be directed to the Aquatic Director or Deck Supervisor, not to coaches during class time, their job is to coach your child.

I accept full responsibility for my use or the use of my child of Apple Athletic Club; it's equipment, pool, facilities and services. I also attest that the user is physically able to undertake any and all physical exercises that they may perform at Apple Athletic Club and agree to hold harmless Apple Athletic Club, it's agents, affiliates, and employees from any liability for any claims, injuries, damage, action or cause of action, whatsoever, arising to myself, child or property out of such usage at Apple Athletic Club.

Parent/Guardian _____